

BLOSSOM AND BITE

BEACONSFIELD, WESTERN AUSTRALIA

ORDER IN PERSON OR ONLINE:

www.spriggyschool.com.au

OPEN:

Recess & Lunch
Wednesday, Thursday and Friday

MANAGER:

Madison Baker

GET IN TOUCH:

blossomandbite00@gmail.com

GOOD TO KNOW!

- Check Compass notifications and the Spriggy App for weekly specials, menu details, and accurate pricing.
- Eftpos available for adults ordering at the canteen before school.

ALLERGEN NOTICE

Our kitchen handles common allergens. We take care to reduce the risk of cross-contamination, but we cannot guarantee that any item is completely free from traces. Ensure your child's allergens are set in their Spriggy profile.

CRUNCH & SIP

APPLE

BANANA

MANDARIN

ORANGE

CUCUMBER STICKS

CARROT STICKS

Fruits can be peeled and/or cut.
Check Spriggy for availability.

RECESS SNACKS

**BANANA CINNAMON
RICE PAPER ROLLS**

YOGHURT CUP

Add granola and berries

BLOSSOM TARTS

Home-made, GF pop tart!

**CARROT CAKE BLISS
BALLS**

BANANA BREAD

Wholemeal, spelt flour, comes
toasted

CLASSIC CHEESIE

**CORN CHIPS WITH
GUACAMOLE AND SALSA**

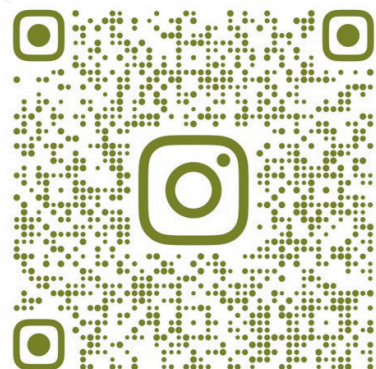
**BAGEL BITES WITH
CREAM CHEESE**

Home-made, GF, 3 per serve

VEGGIE STICKS

Add hummus or cream cheese

FOLLOW US



@BLOSSOM.ANDBITE

BLOSSOM AND BITE

BEACONSFIELD, WESTERN AUSTRALIA

ORDER IN PERSON OR ONLINE:

www.spriggyschool.com.au

LUNCH

POT NOODLES

- Poached Chicken
- Roast Beef
- Vegetarian (Boiled Egg or Puffed Tofu)
 - All include veggies such as carrot and corn
 - Noodles are cooked in organic stock or bone broth
 - GF noodles available

SPANAKOPITA

TURKEY 'BACON' ZUCCHINI SLICE

JAPANESE BENTO BOX

- Teriyaki Chicken
- Tamagoyaki (Japanese rolled Omelette)

SANDWICHES

- Vegemite
- Ham
- Cheese
- Tuna & Mayo
- Curried Egg
- Avocado & Lettuce
- Baked Bean & Cheese Toastie
 - All made on wholemeal bread
 - + cheese
 - + tomato
 - + lettuce
 - + toasted
 - GF bread

DRINKS

SMOOTHIES

Banana, Tropical, or Blueberry

SLUSHIE

90% fruit juice

JUICE BOX

CUP OF MILK

WARM MILO

SNACKS

ORGANIC BEEF NATURAL SNACK STICK

ORGANIC SEAWEED SNACK

MUESLI SLICE

WHOLEGRAIN SNACKS

POPCORN

Sea Salt
Cheddar Cheese
Butter
Lightly Salted Slightly Sweet

FRUIT ICY POLES