



BEACONSFIELD
PRIMARY SCHOOL

Term 4 | 16 October | Issue 14

The Beacon

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Dear Beaconsfield Community

Welcome back to Term 4. It is already shaping up to be a busy one!

This week we observed Mental Health Week and explored the theme Strengthening Our Community – Live, Learn, Work, Play. The students had the opportunity to take part in many 'healthy mind' activities, both in the classroom and throughout break times and after school. A big thank you to Amy Borrill and Julia Reay for their organisation of this.

Friday, 30 October is World Teachers' Day. We will be acknowledging our wonderful teaching staff and invite you to do the same. Next week, we will place appreciation slips in the office and classrooms. The theme is 'A Bright Future' and we encourage students to consider how their teachers make their future brighter. We will have a box in the admin courtyard for you to place your slips before Wednesday 28 October and these will be then used to create a display for our fabulous teachers to read at morning tea on Friday 30 October.



UPCOMING EVENTS

October 19-23

Swimming PP – Yr2.

October 17-18

P&C Busy Bee

October 23

Year 4 Room 15 Assembly

October 26

Interschool Numero Heat

October 27

Interschool jumps & throws
P&C Meeting

October 30

Interschool Athletics
World Teachers' Day



Thank you to Nicola and the P&C for the organisation of a Containers for Change skip bin that is located near Frank's shed. A reminder to please only deposit the eligible containers as the P&C will have to pay sorting fees. You can use the code C10270759



You may have noticed the undercoat painting in the undercover area this week. Our P&C, led by Nicola and Shannah, are conducting a painting busy bee this coming Saturday and Sunday. Our school's four squares will be made brighter and there will be a hopscotch and snakes and ladders painted. Please meet them in the undercover area at 8.30am, 17 October. Once again we thank our P&C for their work in making our school a bright and fun place for our children.

Have a great weekend.

Kirsten Dicker
Principal



This week, we celebrated Mental Health week and at Beaconsfield Primary, we wanted to start the conversation about mental health and increase wellbeing within our school and wider community.



During the week, we had a range of activities for students to participate in to support good mental health. We also held cosmic yoga sessions in the afternoon for members of the community to get involved. It was great to see so many students and parents get involved in the activities and share their thoughts and feelings.

Thank you to everyone who helped out and to everyone who participated in the activities.

Miss Borrill and Miss Reay





Rebound Wheelchair Basketball incursion

On Wednesday, the Year 4s had an incursion for wheelchair basketball. Clint from Rebound WA enthusiastically taught the kids how to use a wheelchair and play modified wheelchair basketball.

Clint broke his back from doing tricks on his bike with his friends. That traumatic experience led to him being a paraplegic for the rest of his life. He is going through strongly despite the changes he has had to make; he is living his life as if he ever would with a couple of adjustments.

The children first started by getting used to the wheelchairs and then playing a quick game of "Farmer Sam" and then played a game of modified wheelchair basketball. The kids found it really fun and challenging and they think from this experience, that Clint is a great role model and has shown a lot of resilience in the past.

Darcey: It was really fun. It was funny to see my friends trying out wheelchairs.

Roman: It was awesome because I love to be back in a wheelchair. I was in a wheelchair for six months so I felt quite good at this sport.

Will: It was really good. I liked doing spins.

Jasper: I like playing it because you see how all the disabled people play it. I really felt sorry for them that they have a disability.

Alias: I loved it and it was a little bit hard.

Harper: It was really fun. I feel really bad for people in wheelchairs.

Trent: I thought it was very fun and I wish we could do it again but it was very hard.

Olive: I really liked it and wished I had broken my legs so I could play wheelchair basketball.

Alex and Zara R - Room 15

On Wednesday the 14th of October 2020, Room 16 had a spectacular chance to learn the art of Wheelchair Basketball.

We had an inspiring coach called Clint. Clint is a paraplegic. Which means he can't send messages to the lower half of his body. He had an accident while riding his BMX bike with his friends. He fell over the front of his bike and hit his head and severely injured his back.

First, he taught us how to properly use a sports wheelchair. We went forwards then backwards. We took equal turns on the wheelchair because there were only 12 chairs.

After that we played modified wheelchair basketball. We used 2 bins as our goals because the hoops were too high. Before that we played Farmer Sam.

We all really enjoyed doing this sport and want to go it again!

Thanks Clint

Abby and Zoe Room 16



Runners Club

Runners club is back on Monday mornings. Please meet on the bottom oval to start at 8.10am.

Children's Book Week 2020

We will be celebrating Children's Book Week at Beaconsfield Primary in Week 4 of this term (Monday 2 November – Friday 6 November). There will be activities running throughout the week culminating with a Book Week dress up day on Friday 6 November. Children are asked to come to school dressed as their favourite book character on this day. The community is invited to join us at the assembly for a parade of book characters at 9.00 a.m..

Bike safety - tips for children

Riding a bike is great fun and good exercise for children and teens. Here are a few tips to keep your children safe while cycling:

- Children under 10 should be supervised when riding a bike.
- Children should be taught the rules of the road before they ride by themselves.
- Riding in the driveway should not be encouraged. Children need to know that the driveway is dangerous. Teach them to stop at the end of the driveway, look, listen, and think about whether it is safe to cross the road.
- Every child needs a helmet that fits correctly. Helmets should be worn at all times when riding. Parents should set a good example by wearing a helmet themselves.
- Children's bicycles should be kept in good condition and have the appropriate reflectors.
- Children should wear bright coloured clothing when riding.

For more information visit <http://www.kidsafewa.com.au>

City of Fremantle - programs

Over the next two months we have these programs running again.

5 weeks of **Beginners Skateboarding** clinics after school

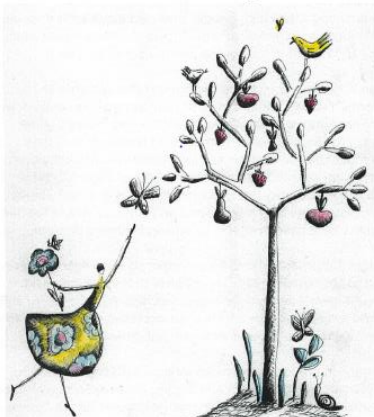
- Ages 5+
- Thursdays 4 – 6pm from 22 October to 19 November
- Register:
www.facebook.com/freoyouth
under events

- **Girls only Skateboarding** clinics
- Ages 13+
- Tuesdays 13 & 27 October, 3 & 24 November & 15 December 7 – 9pm
- Register
www.facebook.com/freoyouth
under events

4 weeks of **Parkour Workshops** after school

- Ages 8+
- Thursdays 4 – 6pm from 26 November – 17 December
- Register:
www.facebook.com/freoyouth
under events (will be live here soon)

Creative Movement and Stillness for Children



Beginning at Replants, 96 Wray Ave in Term 4 on Fri 30th Oct

Friday Morning 10–11am
toddlers and pre-schoolers with Mum

\$15 per class, or...

Friday Afternoon 3.45–4.45 pm
5–8 year olds

\$70 x 7wk term

For further details call Bridget 0402 142 030 Bookings are Essential

- CERTIFIED BABY & TODDLER -

SLEEP CONSULTANT

APPROVED BY ATTACHMENT PARENTING ASSOCIATION

Free 15 Minute Consult
Flexible Communication options:
Phone, SMS, Email, Face to Face

Contact *Ania*
0422 375 517
welovesleepingbabies.com
welovesleepingbabies@gmail.com

Tailored packages to suit your families sleep goals

Specialist Evening

Tuesday 20 October
6:00 - 7:00pm

FREMANTLE COLLEGE

Learn about the opportunities available to your child at Fremantle College. We encourage families of Year 4 and Year 5 students to attend our Specialist Evening, where we will provide a summary of our Approved Specialist Programs and the pathways available to your child.

Our programs:

- Specialist Marine Studies
- Specialist Contemporary Music
- Specialist ICT
- Gifted and Talented Secondary Selective Academic

Bookings:
fremantlecollege.wa.edu.au/specialist-evening-year-4-and-5-parents/
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