



BEACONSFIELD
PRIMARY SCHOOL

Term 3 | 21 September Issue 13

The Beacon

5 Hale Street | Beaconsfield WA 6162 | 9432 1000 | beaconsfieldps.wa.edu.au



UPCOMING EVENTS

Thursday 24 September

- Kindy Orange and Purple PJ Day
- Little Treehouse books trade day in Library (lunchtime)

Friday 25 September

- Kindy Yellow and Turquoise PJ Day
- Beacy's Got Talent Concert – 9am
- Last day of Term 3

Monday 12 October

- School Development Day – no students

Tuesday 13 October

- First day of Term 4 for students

Wednesday 14 October

- PP-Year 2 Swimming starts

Dear Beaconsfield Primary School community

We have certainly packed a lot into this fortnight! A Year 6 camp, two Edudance concerts and a sports carnival has kept us all very busy.

Friday was the perfect spring day for our Sports Carnival. Thank you to parents for assisting us in abiding by the Phase 4 COVID restrictions and making the day a success. Our students had a fabulous time and demonstrated all our school values. I am always proud to see them displaying sportsmanship and sheer enjoyment in the thrill of participating. I would like to acknowledge the work of David Andersson in not just the organisation of the day, but the preparation in the lead up, including holding running club in the mornings. It does take a village and I want to also thank all staff for their contribution to making it great day for everyone. A huge thank you to our wonderful P&C for their support in allocating funds for our new shade shelter. Our students will stand out at the Interschool Carnival under their Beaconsfield PS tent. Well done to all students and a special congratulations to Hale Faction and the following athletes:

Year	Girls		Boys	
	Champion	Runner Up	Champion	Runner Up
3	Darcey K	Sadie M	Ruben C V	James V
4	Zoe G	Reyhanne M	Abdelraham A	Kwasi-Ketewa T
5	Raian Ferido	Gulsha M	Leon V	Nathaniel L
6	Zara V	Isla L	Kai S	Jem W

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Thursday by some special guest dancers, who had also been busily practising each week. Well done to Kyle Oakley, Carolyn Park, Avril Mulligan, Kerry Kelton, Louise Glassborow, Nikki Wiseman, Lauren Osborne, Amy Borrill and Renee Shapcott who braved their nerves and gave the performance of a lifetime!



It is no secret that Edudence is a school favourite, and the whole school rocked along to performances on Tuesday and Thursday this week. I was great to see the nine weeks of lessons culminate in the concerts. The students showed their moves and delighted the audience with their choreographed energy. Their enthusiasm was matched only by the fabulous instructors, Gemma and Jaz, whose energy and patience knows no bounds! The audience was surprised on

Respect | Doing your best | Honesty | Valuing others | Responsibilities



I was fortunate enough to spend time at the Point Walter Camp with our Year 6 students last week. It was wonderful to see them try new skills, such as rope climbing and archery, and to push themselves with challenging activities. I am sure that many memories were made and they will look back on their Year 6 camp fondly in years to come. I was very proud of how they represented Beaconsfield Primary. Their conduct was impeccable and their manners were noted by many camp staff members throughout the three days. I want to thank all the staff who made it possible, especially Janette Tuttle, Lauren Osborne and Amy Borrill for their logistical oversight of the event. Organising activities, accommodation, food, medical supplies and entertainment for 49 students is no easy feat. I also thank David Andersson and Chris John for giving up their home comforts to spend a night at camp, and to Andi Hill and Kathy-Ann O'Neill for spending the day.

This is our last newsletter for the term. I would like to take the opportunity to wish you all a safe and relaxing break. It will be thoroughly well deserved for the kids who have had an action-packed term. We look forward to seeing you all back on Tuesday, 13 October.

Kirsten Dicker
Principal



Mental Health Week
12- 16 October 2020

Respect | Doing your best | Honesty

Strengthening Our Community – Live, Learn, Work, Play

The aim of this year's mental health week is about *opening the conversation*.

We are working towards introducing the children to the conversation of mental health. Children need to know that just as the body can get sick, so too can the brain. It's important that they understand that mental illnesses are as real as physical illnesses and that they're common.

What it will look like a Beaconsfield Primary School:

During Week 1 of Term 4, we will be running a range of activities in the undercover area at lunchtime that encourage students to share, reflect and move. These activities are a way for students to be mindful, express themselves and begin to open the conversation of mental health. As well as these lunchtime activities, we will have two afternoon sessions that will allow for community involvement. These afternoon sessions are open to all community members who would like to join in the discussion and support mental health week 2020.

Amy Borrill and Julia Reay
Organisers

Beaconsfield Primary's entry in the 2020 Thank a Farmer Scarecrow competition.

Since the Royal Show has been cancelled, the scarecrows will be a feature at this year's Spring Farm Fair. Claremont Showground will come alive between September 26 and 30 with animals,

agriculture and family fun. The five day Spring Farm Fair will be a farm wonderland for families and young children to interact with farm animals, learn more about agriculture and farming in WA and enjoy some great food.

Earlier this term, during a mixed class rotation day, all students from Years 3-6 collaborated and contributed their ideas for the scarecrow's design. There are some very innovative and imaginative kids at Beacy! Although we couldn't include solar powered speakers to scare the crows away, nor did we decide on a zombie theme complete with weapons...our West Australian Wildflower theme is very impressive and we have high hopes for taking out the win! Thank you to all the students in Year 4, Room 15, who have donated second hand items and helped to build this sustainable scarecrow.

The presentation of the awards will be on Saturday, 26 September at 11.00am.

Tickets to the Spring Farm Fair can be purchased via the following link:

www.claremontshowground.com.au/spring-farm-fair/



\$8 per person + booking fee (online only)
September 26 to 30
Kids 2 and under FREE
Session 1 – 10am to 1pm
Session 2 – 2pm to 5pm

Rottnest News: Association for the Welfare of Children in Hospital WA Visit



On Friday September 4, Jo from AWCH WA visited Rottnest to deliver a Hospital Familiarisation program. Students and staff were in awe as Jo demonstrated medical equipment and procedures with the help of life-sized dolls, Phoebe and Belle. The students engaged in hands on role-play using real equipment such as wheelchairs, crutches, stethoscopes and bandages whilst dressed as surgeons or nurses. There were puzzles to solve, a medical terminology Bingo game as well as ambulances to play with. It was an extremely worthwhile incursion and all students thoroughly enjoyed the morning. Jo even managed to get a quokka selfie outside the school grounds as she left. If any students from Rottnest Campus need to be admitted to hospital, they'll be calm, confident and well educated about what to expect in a medical environment.

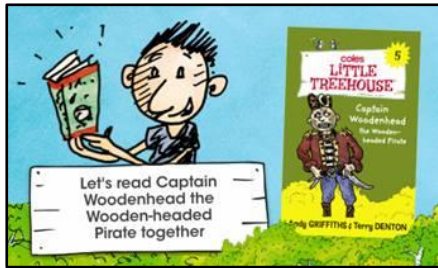


Library News

A very big THANK YOU to all students, parents and staff who have

supported me with my collection of Little Treehouse books. Your response has been wonderful. The library now has several full sets for students to access and lots of spares to trade.

On Thursday 24th September, in the school library, at lunchtime, there will be an opportunity for students to swap their duplicate books. Please bring only those books you are willing to swap and a list of which number books you need.



Maggie Hill

Library Officer



Breakfast Club

Breakfast Club is now operating from the Senior Block kitchen, proving a hit with kids! Milos are super popular along with toast and honey!

Our IEC children can travel up to an hour to school so have appreciated an extra feed on a Thursday morning. It doesn't matter if it is your third breakfast, we'd love to see you. It is about coming



together to start the day with a positive vibe! Come on down to Breakfast Club on a Thursday morning for milo, cereal, toast and fruit, and for the end of term, a special treat... PANCAKES!!!!

Chappy's Chat

With the end of term comes fractious temperaments as we all tire and long for holidays. Kids especially are looking tired and ready for a break. Remember early to bed is a rescue remedy for kids and grown-ups and is one of the three top factors for mental health (sleep, movement and nutrition). Conflicts occur more frequently when we are tired as we are more easily annoyed and agitated. Remember extra self-care and perhaps less commitments to ease any tension we may experience in the family unit. Here are some thoughts on conflict to share with kids and remember if it is escalating, talk to someone and seek support.



Chappy Renee

Chaplain

Renee.shapcott@youthcare.org.au

CONFLICTS

A conflict can be defined as a problem between two or more people. Some conflicts can be difficult to resolve because of the intensity of the feelings that each person has. Conflicts can occur when people have different needs. They may involve differences in attitudes, values, expectations or beliefs. Conflicts can be destructive if not resolved properly.

Our family, religious, ethnic and social culture influence the way we learn to resolve conflict. As a parent, then, how do you tend to deal with conflict?

1. **Denial**- Pretend that nothing is wrong. It is unlikely that the second person will change their behaviour because they never know what is wrong or why the first person is upset or angry.
2. **Confrontation**- Attack the other person- either with words or physically. Once again, no solution is found as the hard feelings continue while the two people are not willing to listen to each other's side of the problem.
3. **Problem-solving**- Talk about the problem with the other person without insulting or blaming each other. For the best possible outcome, a win-win solution is devised, and the relationship between the people actually improves.

The Women's and Children's Health Network encourages children to:

- **Think** about the problem.
- **Say** what you feel.
- **Listen** to the other person.
- **Brainstorm** solutions.
- **Decide** what each one will do.
- **Stick to** what you have decided.
- **Talk again** if the solution is not working.

SO DON'T BE A MOUSE (Ignore, hide feelings, whine, fake cry, give in, tell tales, roll eyes, gossip or tell secrets, avoid).

OR a MONSTER (yell, hit, threaten, fight, deny loudly, stomp around, slam doors, loud put downs, break things).



INSTEAD, BE THE BEST YOU (apologise, report, compromise, talk it out, find a win-win, listen, use manners, give an 'I feel' message, be assertive).

<http://www.cyh.com/HealthTopics/HealthTopicDetailsKids.aspx?p=335&np=287&id=1521>


<https://www.kidsmatter.edu.au/families/about-friendship/resolving-conflict/resolving-conflict-how-children-can-learn-resolve>

Fremantle College – Specialist Evening

Learn more about the opportunities available to your child at Fremantle College. We encourage families of Year 4 and 5 students to attend our Specialist Evening, where we will provide a summary of our Approved Specialist Programs and Gifted and Talented program, the application process and the pathways available to your child.

Bookings:

<https://fremantlecollege.wa.edu.au/specialist-evening-year-4-and-5-parents/>

Specialist Evening 
Tuesday 20 October
6:00 - 7:00pm

Learn about the opportunities available to your child at Fremantle College. We encourage families of Year 4 and Year 5 students to attend our Specialist Evening, where we will provide a summary of our Approved Specialist Programs and the pathways available to your child.

Our programs:
- Specialist Marine Studies
- Specialist Contemporary Music
- Specialist ICT
- Gifted and Talented Secondary Selective Academic

Bookings:
fremantlecollege.wa.edu.au/specialist-evening-year-4-and-5-parents/
W: www.fremantlecollege.wa.edu.au F: www.facebook.com/FremantleCollege/
P: (08) 9338 8900 E: fremantle.college@education.wa.edu.au



BASKETBALL FOR JUNIORS

We Get Kids Active!

Only \$78 for 6 classes in Term 4 2020

- Boys & Girls aged 3 - 9 Years
- Skills based intro to Basketball
- Indoor sessions
- Modified equipment
- Ideal for beginners
- Age appropriate programs
- Parent help for 3+4 year olds
- BASKETBALL TO KEEP!

Location:
Melville Senior High School - Potts Street, Melville

Starts
Saturday 24th October

\$78 (3 + 4 year olds - 9.45am to 10.30am)
\$78 (5 + 6 year olds - 10.30am to 11.15am)
\$78 (7 - 9 year olds - 11.15am to 12.00pm)

ENROL + PAY ONLINE AT
WWW.GETACTIVESPORTSWA.COM.AU

To receive the Earlybird price of \$78 you need to Enrol+Pay before 7th October.

After 7th October cost will be \$90 FOR 6 SESSIONS INCLUDING A BASKETBALL FOR YOU TO KEEP!

Programs Focus on Improving Co-ordination and Motor Skills

For more info call us on 1300513793 or email us at info@getactivesportswa.com.au

PLAY NOW PAY LATER – PAY BY INSTALMENT OPTION AVAILABLE



Join the Cockburn Cougars Teeball-Softball Club in our Registration/Have a Go Day!

Not sure if Tee Ball/Softball is for your child? Bring them down and let them have a go!

Please bring hat, water and a glove if you have one.

Time: 11am – 2pm
When: Saturday 19th September 2020.
Where: Enright Reserve, Hamilton Hill

Register your child or yourself in one of the following:

- Senior Ladies Softball (16+)
- Senior Men's Softball (16+)
- Junior Softball U14 Mixed to U14 Mixed
- Tee Ball (Pre-primary - Years 4)

Senior Men's (16+) & Juniors play at Rockingham City District Softball Association played at Larkhill & Senior Ladies (16+) Southern District Softball Association played at Aubin Grove all on Saturday's. Teeball home and away locally..

Cannot make it down to the open day but are interested in finding out more?
Contact our registrar Cathy via email: registrar@cockburncougars.com.au
or Mobile: 0413 998 398

REGISTER ONLINE NOW
www.cockburncougars.com.au



PERTH FLYING SQUADRON YACHT CLUB PRESENTS

START SAILING TACKERS SCHOOL HOLIDAY PROGRAM

OUR START SAILING HOLIDAY PROGRAMS ARE MANAGED BY EXPERIENCED COACHES, IS A POPULAR WAY TO GET YOUR CHILD INVOLVED IN SAILING & DEVELOP A PASSION FOR BEING OUT ON THE WATER

TACKERS 1 "HAVING FUN"

TUESDAY 29 SEPTEMBER TILL FRIDAY 2 OCTOBER
8:30AM - 1:30PM

KIDS SAIL IN PAIRS IN SMALL BOATS. IT'S A GREAT WAY TO MEET NEW FRIENDS AND KIDS HAVE THE CHANCE TO SAIL WITH OTHERS IN THEIR GROUP

TACKERS 2 "TRICKS & TECHNIQUES"

MONDAY 5 OCTOBER TILL FRIDAY 9 OCTOBER
8:30AM - 12:30PM

IF KIDS ARE CONFIDENT THEY CAN SAIL A BOAT ON THEIR OWN WITH LOTS OF SUPPORT, SUPERVISION AND ENCOURAGEMENT FROM THE INSTRUCTOR & ASSISTANT INSTRUCTORS

FEES:
MEMBER - \$242
NON MEMBER - \$273

AGE RANGE:
7 - 12 YEARS OLD

ACCREDITED BY:
Australian Sailing

REGISTRATIONS CLOSE FRIDAY 25 SEPTEMBER 2020
TO REGISTER PLEASE CALL (08) 9386 6437 OR EMAIL MEMBERS@PFSYC.COM.AU